

Getting to Menslink Counselling

Step 1: Check your appointment confirmation email/text for the location of your appointment

Hi John,

Thanks for scheduling a meeting for Saturday, April 18, 2026, 2:00 AM
(Australia/Sydney).



Session Details

Counsellor & Location: Matthew - Holder Sessions

Appointment Type: [In Person Session](#)

Duration: 1 hour

Booking reference: ZQWH-LSXD-IREO

Your Details

First name: John

Last name: Doe

Email: example@example.com

Phone number: +1-123-456-7890

Team member : Matthew - Holder Sessions

If you need to reschedule this booking, please call us during business hours on 6287 2226.

Step 2: Follow the appropriate guide for where your session is located.

IN PERSON SESSIONS - Menslink HQ

Menslink HQ - Holder

Menslink HQ is located at 27 Mulley Street, Holder ACT 2612. ([Google Maps - Menslink](#))

Follow the signs inside the entrance all the way to the back of the building.

Please aim to arrive at your session 10 minutes before the start time, if you are running late, please call 6287 2226 - we will let your counsellor know.

Transport options to get to Menslink HQ:

Menslink is accessible by Bus and car, with plenty of parking onsite. If you're planning to catch the bus, you're looking to get to the 'Streeton Drive after Unwin Place' bus stop in Weston Creek. Multiple bus routes run through this stop.

IN PERSON: Kippax Sessions

Kippax Sessions (Tuesday with Matt)

Location Details:

Meet us in the reception area at *Uniting Care Kippax*.

- Cnr Luke St & Hardwick Crescent, HOLT
- ([Google Maps - Uniting Care Kippax](#))

Let reception know that you are here for Menslink and take a seat. Your counsellor will come out to you at the allocated time.

Please aim to arrive at your session 10 minutes before the start time, if you are running late, please call 6287 2226 - we will let your counsellor know.

IN PERSON: Lanyon Sessions

Lanyon Sessions (Thursday with Jason)

Location Details:

Meet us in the reception area at *Mura Lanyon Youth and Community Centre*.

- 22 Sidney Nolan St, Conder 2906 - (Next to the Skate Park)
- ([Google Maps - Mura Lanyon Youth and Community Centre](#))

Let reception know that you are here for Menslink and take a seat. Your counsellor will come out to you at the allocated time.

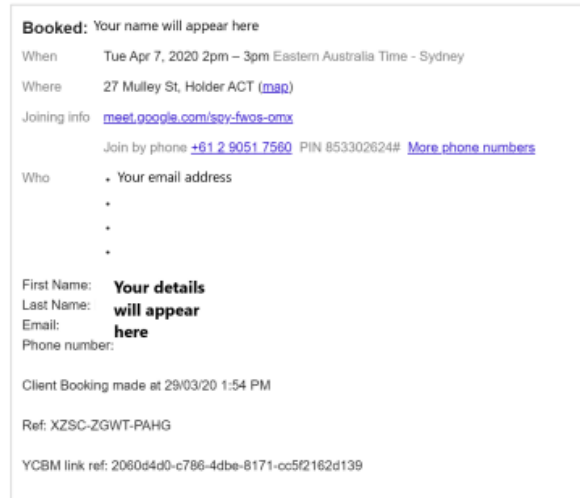
Please aim to arrive at your session 10 minutes before the start time, if you are running late, please call 6287 2226 - we will let your counsellor know.

ONLINE SESSIONS: Google Meets

Where to find session information:

For this service we will be using Google Meet.
You will be sent an email from us on the day of your appointment.

The link to join the session is located in the email invitation. It will look like this:



Booked: Your name will appear here

When: Tue Apr 7, 2020 2pm – 3pm Eastern Australia Time - Sydney

Where: 27 Mulley St, Holder ACT ([map](#))

Joining info: meet.google.com/sqy-fwos-omx

Join by phone: [+61 2 9051 7560](tel:+61290517560) PIN 853302624# [More phone numbers](#)

Who: + Your email address
+
+
+

First Name: **Your details will appear here**
Last Name: **will appear here**
Email: **here**
Phone number:

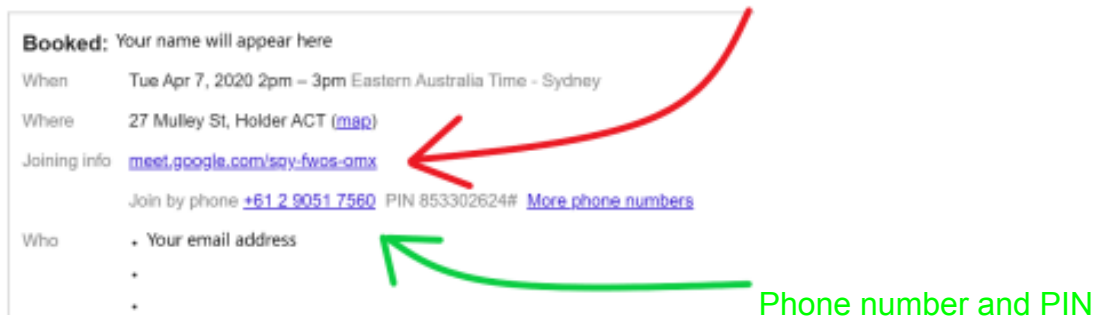
Client Booking made at 29/03/20 1:54 PM

Ref: XZSC-ZGWT-PAHG

YCBM link ref: 2060d4d0-c786-4dbe-8171-cc5f2162d139

Joining your counselling session via Google Meet:

Click on the link next to the heading 'Joining info':



Booked: Your name will appear here

When: Tue Apr 7, 2020 2pm – 3pm Eastern Australia Time - Sydney

Where: 27 Mulley St, Holder ACT ([map](#))

Joining info: meet.google.com/sqy-fwos-omx **Here**

Join by phone: [+61 2 9051 7560](tel:+61290517560) PIN 853302624# [More phone numbers](#) **Phone number and PIN**

Who: + Your email address
+
+

This will open up a new tab on your Internet browser.

To join the session, you will need to click on the green 'Join now' button located on the right side of the screen.

****If you are having internet issues.**

You can join by phone. When you dial the number listed next to "Join by phone", you will be asked to enter the PIN listed next to the phone number (see above).

