



WHAT WE DO WORKS **IMPACT SURVEY RESULTS**

JANUARY - JUNE 2021

WHAT WE DO WORKS



We know that increasing young men's resilience improves their overall wellbeing and their ability to grow and get through the tougher times in life. We also know that it improves relationships - with their family, with their partner, and with their classmates or work colleagues.

We know that the work we do in helping young guys then has a ripple effect on the community; it contributes to reducing crime, family violence, anti-social behaviour, isolation - even suicide. It has never been more important to increase the resilience of our young people than it is in 2021. This report shows that that's what we're delivering on, time and time again.

Every six months we survey teachers, principals, parents, and young guys (over 18) on the impact our programs have had on everyone involved, whether directly or indirectly.

We assess impacts on a five-point scale from very negative to very positive across sixteen personal and social impact areas, as well as asking them about their general satisfaction with the program and whether they would recommend it to others.

Where respondents have included qualitative feedback or general comments, we have included that as well. This report includes highlights of the responses, as well as the summarised data tables further down. We will continue to publish this report on a six-monthly basis.

MARTIN FISK
CEO
Menslink

PREFACE



From the moment I visited Menslink to help evaluate their program impacts, two things were obvious:

- Menslink cared about meeting the needs of young men
- Menslink was a learning organisation - they wanted to find out about their program impacts so they could keep improving.

We set about revitalising Menslink's impact surveys to better align with their values, goals, and reporting needs. Menslink like to keep their fingers on the pulse. The Menslink team openly engaged with examining the pros and cons of their existing surveys. We then co-developed new, improved short-term and follow-up client impact surveys.

The first 6-monthly impact survey results are now available in this report. They give insight and testament to the highly valued Menslink services which have been more vital than ever during the heightened stress of the COVID-19 pandemic. The statistics clearly reveal substantial benefits for young guys during challenging periods of their lives. The quotes give insight into the real and varied nature of the individual impacts.

DR. JAMES NEILL

Assistant Professor

Centre for Applied Psychology
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COUNSELLING

— FEEDBACK FROM PARENTS, SCHOOLS AND YOUNG MEN —



80% of respondents reported a positive or very positive impact on their relationship with their family.



80% of respondents reported a positive or very positive impact on young men's ability to manage their stress and anxiety.



86% reported positive or very positive impacts on their confidence and self-esteem with just 3% unsure.

8/10



In the overall program rating average, satisfaction with the program scored 8.0 out of ten.

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Menslink has been an invaluable service that has provided me with the help I need that would be otherwise out of reach due to the financial cost of other mental health services. The word 'life-changing' has become an overused cliché, however the excellent support Menslink has provided me has positively changed my outlook on life. A huge thank you to the Menslink team.

YOUNG GUY

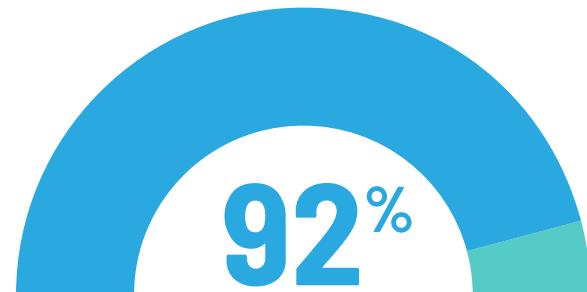
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COUNSELLING QUALITATIVE FEEDBACK

Person	Comment
Young guy	Menslink has been an invaluable service that has provided me with the help I need that would be out of reach otherwise due to the financial cost of other mental health services. The word 'life-changing' has become an overused cliché, however the excellent support Menslink has provided me has positively changed my outlook on life. A huge thank you to the Menslink team.
Single Mum	Menslink is a vital service in our community. I would love to see it grow and have an even greater presence. Our boys need them. We all need them.
Mum	Menslink provide the best service for young guys. Our family feels so lucky to this service right here in Canberra. What a lovely, warm and accepting place for my son to go when he feels he needs the support. This has helped us enormously. Thank you.
Single Mum	Fantastic service for my son. ' <i>His counsellor</i> ' has been great!! There is a real difference with my son after appointments and he really takes on discussions and suggestions. This has been a great service to be linked into. Administration staff have also been fabulous and very helpful.
Mum	Menslink has been a saviour for us. Our son was in a very dark place and I'd rang many places and was unable to get an appointment for a few months. Which was very concerning for our family. Headspace recommended Menslink, I had previously thought it was only for adults. Menslink offered my son an appointment in two days and he's in a much better place now.
Young guy	Thank you for everything! I've been seeing counselling from men's link for many years and it never fails to help me.
Mum	Such a wonderful organisation run by such wonderful people, and so very needed right now. My young guy gains a lot of important insights from his sessions with his counsellor. Thank you Menslink.
Single Mum	I cannot thank Menslink enough for their support for my young men through a difficult separation and issues of self esteem and anxiety. Quality counselling for men, and by men has been so valuable. Such a wonderful initiative. I would love to see Menslink go nationally!
Mum	My experience linking my 13 year old son with a Menslink counsellor has been such a positive experience for us. While he has only been seeing a counsellor for a short time, my son is already able to express himself more calmly, open up with his feelings and participate more positively in family and school life. There is a way to go but he is on the right track with thanks to ' <i>his counsellor</i> ' from Menslink
High School	Having a male counsellor for young men to talk with has removed previous barriers for help seeking of our vulnerable youth. The service is discreet and students have not found any stigma to the program.
High School	[Our School] is proud of our partnership with Menslink and is thankful for the service they provide to our young men.
High School	We have used Menslink for several years to support our young men. Menslink set achievable goals for students to regulate their emotions and behaviour. Our young men don't feel like they are seeing a counsellor but instead seeing a mentor.
High School	We are extremely grateful and happy with the service that Menslink is providing to our school and feel that is making a difference to a number of students.
High School	Since engaging with Menslink, our students have been given an extra level of support. Our counsellor is energetic, caring, empathetic and very well liked and respected by our young men. Having our counsellor come into the school once a week has been invaluable and he rounds out our Student Support team perfectly.

MENTORING

FEEDBACK FROM PARENTS



92% of respondents reported positive or very positive impacts on their sons' confidence and self-esteem with only 8% unsure.



100%



60%



94%

100% reported positive or very positive impacts on their sons' mental health and wellbeing after just 6 months of mentoring.

60% of respondents reported positive or very positive impacts on their sons' relationships with peers and family after 12 months of mentoring.

After 12 months of mentoring, 94% reported positive or very positive impacts on their sons' confidence and self-esteem, and 81% said it had a positive impact on their outlook on their future.

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An amazing program that all boys and their mums need. The balance of kinship, guidance and experience is key to the program. It provides a community that is positive, supportive and engaging to both our son and family.

SINGLE MUM

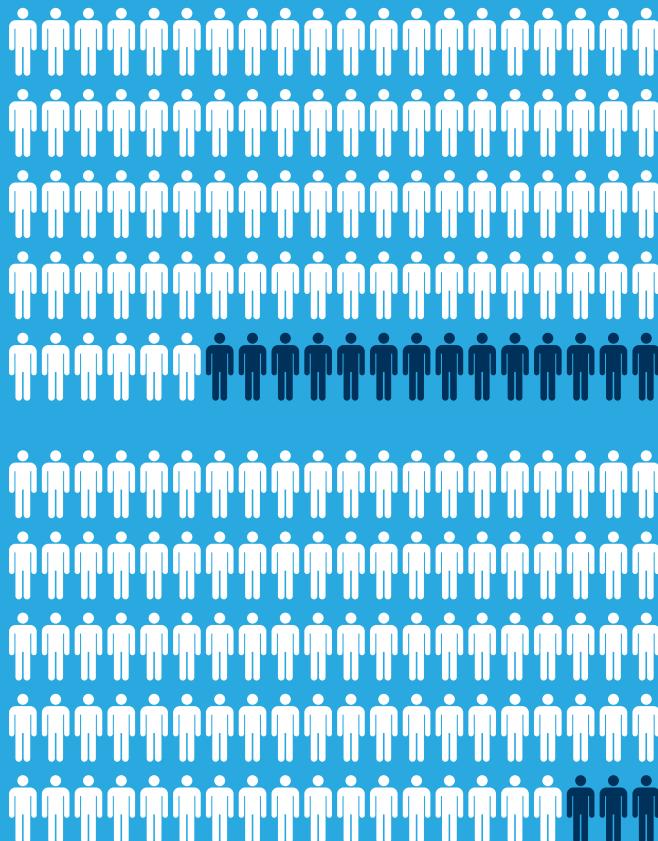
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MENTORING IMPACT SURVEY QUALITATIVE FEEDBACK

Person	Comment
Single Mum	Menslink mentoring has been an unbelievably important part of my boys lives. Even the shyest or most awkward of kids seem to be supported through the experience. The change in behaviour and attitude has been the most noticeable of outcomes. Thank you Menslink for this great opportunity. Lost without you!
Single Mum	An amazing program that all boys and their mums need. The balance of kinship, guidance and experience is key to the program. It provides a community that is positive, supportive and engaging to both the child and the child's family.
Mum	The best thing? Having a trusted male adult in his life as a source of advice, support, company. A trusted relationship with someone other than Mum (Me).
Single Mum	Thank you, you have helped me bring my son from a disenchanted, sad little boy to a confident, happy young man. He has learnt so much about himself, he has learnt that he is not his fathers mistakes but he is in fact his own amazing person. He is not able to look to the future because he now know he has a future
Young guy	Menslink provides a stable and inclusive program for young men who are struggling. Together with my fabulous and very fun mentor they have given me the courage and support to get through some tough years. As it comes to an end I know I am going to really miss the program.
Single Mum	We are so happy to have found the Menslink program. They have provided invaluable support for my son and my family during an incredibly difficult time in his life. We literally didn't know where else to turn. The provision of a responsible role model is essential to young boys and I believe this program fills an enormous need in the community
Single Mum	I would recommend Menslink for a variety of issues women are struggling with their sons, no matter age. My son was a bit older when he joined the program. I was so worried that he was too old to learn how to engage successfully with men. Little things such as eye contact have improved. It is so worthwhile.
Single Mum	Menslink is great for your young men in your life. As a single mum with no male role nor much family interaction, these guys can help. Mentoring is useful as I find our young men can get over the counselling scene but to have a mentor on hand is a huge step that I'm sure both you and your young man will enjoy. It great to know there are guys there that can help if you have a concern or just need a blokes point of view without being judged. You may be like i was and a bit unsure but 18months on I am glad we proceeded with our intake that we were lucky to get. Cheers to Menslink.
Mum	My son and I moved from interstate recently. He didn't have a good start at his school. The only thing that motivated him to stick with my decision to live here - is Menslink. My son's reply to the question: "What you got out of Menslink" it is happiness and a sense of community. This means a lot to me as a mother to see my son happy. Thank you all for your good work and keep it going.
Single Mum	I can't recommend what these guys do for our young boys enough! Menslink were there for my son right when he needed them the most. He was grieving the loss of his father, looking for approval from the wrong influences and was really angry with everything and everyone. Menslinks intervention (Mentor and Counsellor) helped guide him down a better path and take responsibility for his actions. I will be eternally grateful to them for what they have done for my son as I was at a real risk of losing him. Thank you!

SCHOOLS

**SILENCE
IS DEADLY**



86%

86% of respondents reported positive impacts on their students' ability to manage stress and anxiety.

97%

97% reported positive and very positive impacts on their students' willingness to seek support..

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Our school had a really positive experience with Menslink. The experience provided our students with an opportunity to learn simple steps for identifying and managing mental health needs that were age appropriate for our boys. We hope to work with Menslink in the future.

PRIMARY SCHOOL PRINCIPAL

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*In School Sessions in 2021 restricted due to COVID safe restrictions on school visits

SILENCE IS DEADLY IMPACT SURVEY QUALITATIVE FEEDBACK



Person	Comment
Primary School	Menslink are providing an essential service for the young men in our community. Being part of the seminar has inspired me to have these discussion with the boys in our school from now on. The discussion that Menslink open up to our boys couldn't be more important. They are growing up in challenging times. Thank you Menslink!
Primary School	The work 'the presenter' did with our boys was incredible. The simple advice along with sharing his own story so honestly had the room in awe. You could have heard a pin drop for 60 minutes. The boys appreciated the practical advice and many parents shared how their sons had talked about it at home. Highly recommend to any school in Canberra!
Primary School	This was a fantastic session and we would like to thank you so much for coming out to your school. The key messages were simple to understand yet had a great impact. We noticed many students were reactive throughout this session and were developing some really positive thoughts around it being ok to speak out when they need help.
High School	I highly recommend Menslink Silence is Deadly. It was a great way to discuss topics that might be too difficult to talk about openly in a whole class setting and was beneficial for the kids to see Men talk about feelings.
High School	I loved the Silence is Deadly session. My Yr 9 boys were completely engaged and visibly impacted by the presenter's experience dealing with hardship. I believe male students should do this session and highly recommend it for male teachers as well
Primary School	The presenter from Menslink was an incredibly effective presenter to my primary school aged boys. Talking to my students just before they head into high school taught them about speaking up and being kind, not just to each other but themselves.
High School	The team from Menslink were able to engage well with a challenging group of students. They modeled and encouraged students to talk openly about their emotions and provided great resources to the students so they can reach out if they need .
College	Menslink provided a range of expert presentations to our year 10,11 and 12 students, and our International and 'at-risk' students providing expertise, evidence and care, using a personalised approach. I have engaged Menslink in my previous high schools and colleges and my partner in a range of primary schools - every student and teacher needs to include Menslink in their Pastoral Care and Wellbeing programs.
Primary School	The Menslink team has continually delivered engaging and purposeful presentations and programs at our school. The Silence is Deadly presentation is no exception with an engaging presenter that interacts a lot with students.
Primary School	The Silence is Deadly program worked very effectively with our year 5 and 6 boys. The presenter quickly established rapport with our students and delivered the course professionally, eliciting quality conversation with our boys. It was a great foundation for us to continue to work with our students on their mental health.
High School	The Silence is Deadly program is a very important part of our Formation Program at our School. The age specific agenda is relevant, research based and direct. It engages young men of all ages in a safe and respectful environment with a strong sense of connection to the presented material.

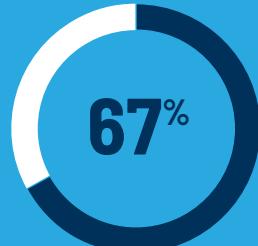
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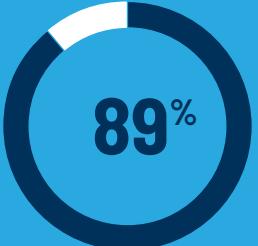
PRIDE



100% of respondents reported positive or very positive impacts on their students' relationships with peers and staff and their ability to control and manage their anger.



67% of respondents reported positive or very positive impacts on reducing anti-social behaviour.



89% of respondents reported positive or very positive impacts on their male students attitudes towards women.

10/10



The overall average rating for satisfaction with the program scored 10 out of 10.

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We have run this program at [our school] a bunch of times now and every time it has a positive impact and consider this program an essential part of the wellbeing curriculum of our school.

HIGH SCHOOL TEACHER

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PRIDE IMPACT SURVEY QUALITATIVE FEEDBACK



Person	Comment
High School	Discussing topics that don't really get discussed anywhere else and allowing young men to see themselves in a more positive tone and give them a new perspective on how they treat women. I think some more media content always helps with engagement.
Primary School	The presenter was amazing at developing relationships with the boys in such a short amount of time and sharing his personal experiences with the class. Being able to relate to someone like 'the presenter' was really beneficial for the boys. In addition, the no nonsense attitude really made the boys take notice and understand the importance of the program and value what was being discussed.
High School	The Menslink PRIDE program is an amazing way of connecting our young men with external support. Every time a Menslink staff member walks through our school it is visible to see how many connections have been built as each student stops to talk. 'The presenter' has been an awesome support for our school and finds a solution and way to support each situation. The program has helped our young men immensely to better their decision making in intense situations.
Primary School	The PRIDE program is an amazing resources to target specific students who require social and emotional support and mentoring. It is particularly valuable to those The PRIDE program is an amazing resource for students who do not have a strong male role model at home. The facilitator is extremely personable and built strong relationships with the boys in a short space of time. Sharing personal experiences and providing perspective for the participating students. We look forward to working with Menslink again to support our students.
High School	We have run this program at [our school] a bunch of times now and every time it has a positive impact and consider this program an essential part of the wellbeing curriculum of our school
High School	Menslink's PRIDE is a fantastic and engaging program that has helped our young boys develop into young men.
High School	The Menslink program has been an integral part of our schools social, emotional learning program for a number of years now. We find that as the boys have moved up through the program, they have a great rapport with the Menslink facilitator and have a shared common understanding of their role and responsibility in making our school a respectful and safe learning environment.
College	[Our school's] well being and pastoral care program relies on the professional programs and delivery of the programs from Menslink. Our students benefit, evolve and grow in mental strength and capacity and in confidence as a result of our ongoing connection with Menslink.
Primary School	Having an outside expert giving a straightforward and personal recount of effects of disrespectful behaviours was the biggest personal an/or Social impact on the students.
High School	This program continues to deliver relevant and engaging topics for our young men. The way the content is delivered is interesting and 'the presenter', who we have a positive and ongoing relationship with, can read our audience well, adapting and modifying to ensure all students feel comfortable participating in sensitive topics...



DATA TABLES

COUNSELLING IMPACT SURVEY (PARENTS AND YOUNG MEN AGED 10-25)



January - June 2021	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
Social Impacts						
Relationships with Peers	3%	0%	17%	54%	14%	11%
Relationships with Family	3%	0%	14%	60%	20%	3%
Relationships with Partner	3%	0%	9%	11%	0%	77%
Relationships with School Staff	3%	0%	9%	43%	17%	29%
Anti-social behaviours	3%	0%	9%	31%	0%	57%
Willingness to support others	3%	0%	9%	46%	20%	23%
Personal Impacts						
Confidence & Self-esteem	3%	6%	6%	46%	34%	6%
Manage and control anger & aggression	3%	0%	20%	46%	14%	17%
Manage stress & anxiety	3%	6%	6%	49%	31%	6%
Cope with adversity	3%	0%	9%	57%	11%	20%
Mental health and wellbeing	3%	6%	3%	46%	40%	3%
Feelings of hopelessness (if any)	3%	6%	3%	37%	23%	29%
Taking responsibility for actions	3%	0%	11%	51%	20%	14%
Willingness to seek support	3%	0%	6%	49%	31%	11%
Addictive behaviours	3%	3%	17%	14%	9%	54%
Outlook on their future	3%	3%	11%	46%	26%	11%

Overall Program Rating Average

Satisfaction with the program (out of 10)

8

Net Promoter Score

70

SAMPLE SIZE: 35

* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

COUNSELLING PARENTS SURVEY (10-12 YEAR OLD)

January - June 2021	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
Social Impacts						
Relationships with Peers	0%	0%	21%	50%	29%	0%
Relationships with Family	0%	0%	14%	71%	14%	0%
Relationships with Partner	0%	0%	0%	14%	0%	86%
Relationships with School Staff	0%	0%	7%	57%	14%	21%
Anti-social behaviours	0%	0%	0%	43%	0%	57%
Willingness to support others	0%	0%	14%	50%	29%	7%
Personal Impacts						
Confidence & Self-esteem	0%	7%	7%	36%	50%	0%
Manage and control anger & aggression	0%	0%	14%	64%	14%	7%
Manage stress & anxiety	0%	7%	7%	43%	43%	0%
Cope with adversity	0%	0%	7%	71%	14%	7%
Mental health and wellbeing	0%	7%	7%	36%	50%	0%
Feelings of hopelessness (if any)	0%	7%	0%	36%	29%	29%
Taking responsibility for actions	0%	0%	14%	71%	14%	0%
Willingness to seek support	0%	0%	14%	50%	36%	0%
Addictive behaviours	0%	0%	14%	14%	7%	64%
Outlook on their future	0%	0%	14%	50%	36%	0%
Overall Program Rating Average						
Satisfaction with the program (out of 10)	8		SAMPLE SIZE: 14			
Net Promoter Score	57					

* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

COUNSELLING PARENTS SURVEY (13-17 YEAR OLD)

January - June 2021	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
Social Impacts						
Relationships with Peers	6%	0%	12%	53%	6%	24%
Relationships with Family	6%	0%	12%	53%	24%	6%
Relationships with Partner	6%	0%	12%	0%	0%	82%
Relationships with School Staff/workplace	6%	0%	12%	24%	24%	35%
Anti-social behaviours	6%	0%	12%	24%	0%	59%
Willingness to support others	6%	0%	6%	47%	6%	35%
Personal Impacts						
Confidence & Self-esteem	6%	6%	6%	47%	24%	12%
Manage and control anger & aggression	6%	0%	18%	35%	18%	24%
Manage stress & anxiety	6%	6%	6%	47%	24%	12%
Cope with adversity	6%	0%	12%	41%	12%	29%
Mental health and wellbeing	6%	6%	0%	47%	35%	6%
Feelings of Hopelessness (if any)	6%	6%	6%	35%	18%	29%
Taking responsibility for actions	6%	0%	6%	41%	24%	24%
Willingness to seek support	6%	0%	0%	47%	29%	18%
Addictive behaviours	6%	6%	18%	18%	6%	47%
Outlook on their future	6%	6%	6%	41%	18%	24%
Overall Program Rating Average						
Satisfaction with the program (out of 10)			8			
Net Promoter Score			54			
SAMPLE SIZE: 17						

* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

COUNSELLING CLIENTS SURVEY (18 - 25 YEAR OLD)

January - June 2021	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
Social Impacts						
Relationships with Peers	0%	0%	25%	75%	0%	0%
Relationships with Family	0%	0%	25%	50%	25%	0%
Relationships with Partner	0%	0%	25%	50%	0%	25%
Relationships with School Staff	0%	0%	0%	75%	0%	25%
Anti-social behaviours	0%	0%	25%	25%	0%	50%
Willingness to support others	0%	0%	0%	25%	50%	25%
Personal Impacts						
Confidence & Self-esteem	0%	0%	0%	75%	25%	0%
Manage and control anger & aggression	0%	0%	50%	25%	0%	25%
Manage stress & anxiety	0%	0%	0%	75%	25%	0%
Cope with adversity	0%	0%	0%	75%	0%	25%
Mental health and wellbeing	0%	0%	0%	75%	25%	0%
Feelings of Hopelessness (if any)	0%	0%	0%	50%	25%	25%
Taking responsibility for actions	0%	0%	25%	25%	25%	25%
Willingness to seek support	0%	0%	0%	50%	25%	25%
Addictive behaviours	0%	0%	25%	0%	25%	50%
Outlook on their future	0%	0%	25%	50%	25%	0%
Overall Program Rating Average						
Satisfaction with the program (out of 10)	9		SAMPLE SIZE: 4			
Net Promoter Score	100					

* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

COUNSELLING IMPACT SURVEY (SCHOOLS ONLY ALL AGES TO 18)



January - June 2021	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
Social Impacts						
Engagement in class	0%	0%	0%	70%	10%	20%
Relationships with Peers	0%	0%	0%	70%	10%	20%
Relationships with School Staff	0%	0%	0%	80%	10%	10%
Anti-social behaviours	0%	0%	10%	60%	0%	30%
Willingness to support others	0%	0%	10%	60%	10%	20%

Personal Impacts						
Confidence & Self-esteem	0%	0%	0%	50%	40%	10%
Manage and control anger & aggression	0%	0%	0%	70%	20%	10%
Manage stress & anxiety	0%	0%	0%	40%	50%	10%
Cope with adversity	0%	0%	0%	30%	60%	10%
Mental health and wellbeing	0%	0%	0%	30%	50%	20%
Feelings of Hopelessness (if any)	0%	0%	0%	50%	20%	30%
Taking responsibility for actions	0%	0%	10%	70%	10%	10%
Willingness to seek support	0%	0%	0%	40%	50%	10%
Addictive behaviours	0%	0%	10%	10%	10%	70%
Outlook on their future	0%	0%	0%	60%	10%	30%

Overall Program Rating Average		SAMPLE SIZE: 10	<i>Includes responses from school representatives answering on behalf of all students who received counseling at that school.</i>
Satisfaction with the program (out of 10)			
Net Promoter Score		90	

* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

MENTORING IMPACT SURVEY (ALL PHASES - FEEDBACK FROM MUMS)



January - June 2021	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
Social Impacts						
Engagement in class	0%	0%	36%	44%	4%	16%
Relationships with Peers	0%	0%	12%	72%	4%	12%
Relationships with Family	0%	0%	20%	52%	20%	8%
Relationships with School/workplace Staff	0%	0%	28%	52%	0%	20%
Anti-social behaviours	0%	0%	20%	48%	4%	28%
Willingness to support others	0%	0%	28%	48%	16%	8%
Personal Impacts						
Confidence & Self-esteem	0%	0%	0%	60%	32%	8%
Manage and control anger & aggression	0%	0%	36%	48%	16%	0%
Manage stress & anxiety	0%	0%	28%	44%	12%	16%
Cope with adversity	0%	0%	16%	32%	20%	32%
Mental health and wellbeing	0%	0%	12%	52%	32%	4%
Feelings of Hopelessness (if any)	0%	0%	20%	36%	12%	32%
Taking responsibility for actions	0%	0%	20%	56%	16%	8%
Willingness to seek support	0%	0%	4%	60%	20%	16%
Addictive behaviours	0%	0%	36%	36%	4%	24%
Outlook on their future	0%	0%	24%	40%	24%	12%
Overall Program Rating Average						
Satisfaction with the program (out of 10)			9			
Net Promoter Score			91			
SAMPLE SIZE: 25						

* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

MENTORING IMPACT SURVEY (6 MONTHS - FEEDBACK FROM MUMS)



January - June 2021	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
Social Impacts						
Engagement in class	0%	0%	25%	50%	0%	25%
Relationships with Peers	0%	0%	0%	75%	0%	25%
Relationships with Family	0%	0%	50%	50%	0%	0%
Relationships with School/workplace Staff	0%	0%	25%	50%	0%	25%
Anti-social behaviours	0%	0%	0%	50%	0%	50%
Willingness to support others	0%	0%	0%	75%	25%	0%
Personal Impacts						
Confidence & Self-esteem	0%	0%	0%	25%	75%	0%
Manage and control anger & aggression	0%	0%	25%	50%	25%	0%
Manage stress & anxiety	0%	0%	25%	75%	0%	0%
Cope with adversity	0%	0%	0%	25%	50%	25%
Mental health and wellbeing	0%	0%	0%	75%	25%	0%
Feelings of Hopelessness (if any)	0%	0%	25%	50%	0%	25%
Taking responsibility for actions	0%	0%	0%	100%	0%	0%
Willingness to seek support	0%	0%	0%	75%	25%	0%
Addictive behaviours	0%	0%	25%	75%	0%	0%
Outlook on their future	0%	0%	25%	0%	50%	25%
Overall Program Rating Average						
Satisfaction with the program (out of 10)	10		SAMPLE SIZE: 4			
Net Promoter Score	100					

* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

MENTORING IMPACT SURVEY (12 MONTHS - FEEDBACK FROM MUMS)



January - June 2021	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
Social Impacts						
Engagement in class	0%	0%	50%	20%	10%	20%
Relationships with Peers	0%	0%	20%	60%	0%	20%
Relationships with Family	0%	0%	20%	50%	10%	20%
Relationships with School/workplace Staff	0%	0%	40%	30%	0%	30%
Anti-social behaviours	0%	0%	20%	40%	0%	40%
Willingness to support others	0%	0%	50%	10%	20%	20%
Personal Impacts						
Confidence & Self-esteem	0%	0%	0%	70%	20%	10%
Manage and control anger & aggression	0%	0%	60%	30%	10%	0%
Manage stress & anxiety	0%	0%	40%	20%	20%	20%
Cope with adversity	0%	0%	10%	50%	10%	30%
Mental health and wellbeing	0%	0%	20%	60%	10%	10%
Feelings of Hopelessness (if any)	0%	0%	20%	30%	10%	40%
Taking responsibility for actions	0%	0%	20%	50%	10%	20%
Willingness to seek support	0%	0%	0%	60%	10%	30%
Addictive behaviours	0%	0%	40%	20%	0%	40%
Outlook on their future	0%	0%	30%	50%	10%	10%
Overall Program Rating Average						
Satisfaction with the program (out of 10)	9		SAMPLE SIZE: 10			
Net Promoter Score	78					

* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

MENTORING IMPACT SURVEY (18 MONTHS - FEEDBACK FROM MUMS)

January - June 2021	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
Social Impacts						
Engagement in class	0%	0%	38%	63%	0%	0%
Relationships with Peers	0%	0%	13%	88%	0%	0%
Relationships with Family	0%	0%	13%	75%	13%	0%
Relationships with School Staff	0%	0%	25%	75%	0%	0%
Anti-social behaviours	0%	0%	38%	63%	0%	0%
Willingness to support others	0%	0%	25%	75%	0%	0%
Personal Impacts						
Confidence & Self-esteem	0%	0%	0%	88%	0%	13%
Manage and control anger & aggression	0%	0%	25%	63%	13%	0%
Manage stress & anxiety	0%	0%	25%	50%	0%	25%
Cope with adversity	0%	0%	38%	25%	0%	38%
Mental health and wellbeing	0%	0%	13%	38%	50%	0%
Feelings of Hopelessness (if any)	0%	0%	25%	38%	13%	25%
Taking responsibility for actions	0%	0%	38%	38%	25%	0%
Willingness to seek support	0%	0%	13%	50%	25%	13%
Addictive behaviours	0%	0%	38%	38%	0%	25%
Outlook on their future	0%	0%	25%	50%	13%	13%
Overall Program Rating Average						
Satisfaction with the program (out of 10)	9		SAMPLE SIZE: 8			
Net Promoter Score	71					

* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

MENTORING IMPACT SURVEY (24 MONTHS - FEEDBACK FROM MUMS)



January - June 2021	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
Social Impacts						
Engagement in class	0%	0%	0%	67%	0%	33%
Relationships with Peers	0%	0%	0%	67%	33%	0%
Relationships with Family	0%	0%	0%	0%	100%	0%
Relationships with School Staff	0%	0%	0%	67%	0%	33%
Anti-social behaviours	0%	0%	0%	33%	33%	33%
Willingness to support others	0%	0%	0%	67%	33%	0%
Personal Impacts						
Confidence & Self-esteem	0%	0%	0%	0%	100%	0%
Manage and control anger & aggression	0%	0%	0%	67%	33%	0%
Manage stress & anxiety	0%	0%	0%	67%	33%	0%
Cope with adversity	0%	0%	0%	0%	67%	33%
Mental health and wellbeing	0%	0%	0%	33%	67%	0%
Feelings of Hopelessness (if any)	0%	0%	0%	33%	33%	33%
Taking responsibility for actions	0%	0%	0%	67%	33%	0%
Willingness to seek support	0%	0%	0%	67%	33%	0%
Addictive behaviours	0%	0%	33%	33%	33%	0%
Outlook on their future	0%	0%	0%	33%	67%	0%
Overall Program Rating Average						
Satisfaction with the program (out of 10)		9				
Net Promoter Score		81				
SAMPLE SIZE: 3						

* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

SILENCE IS DEADLY IMPACT SURVEY



January - June 2021	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
Social Impacts						
Manage and control anger & aggression	0%	0%	3%	55%	28%	14%
Manage stress & anxiety	0%	0%	3%	62%	24%	10%
Cope with adversity	0%	0%	3%	48%	31%	17%
Mental health and wellbeing	0%	0%	3%	55%	41%	0%
Willingness to seek support	0%	0%	0%	48%	48%	3%
Willingness to support others	0%	0%	3%	62%	31%	3%

Overall Program Rating Average

Satisfaction with the program (out of 10)

9

Net Promoter Score

71

SAMPLE SIZE: 29

* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

PRIDE IMPACT SURVEY



January - June 2021	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
Social Impacts						
Engagement in class	0%	0%	0%	89%	0%	11%
Relationships with peers	0%	0%	0%	67%	33%	0%
Relationships with staff	0%	0%	22%	56%	22%	0%
Anti-social behaviours	0%	0%	33%	56%	11%	0%
Attitude toward women	0%	0%	0%	56%	33%	11%
Willingness to support others	0%	0%	0%	67%	33%	0%
Personal Impacts						
Confidence & Self-esteem	0%	0%	0%	78%	22%	0%
Manage and control anger & aggression	0%	0%	0%	100%	0%	0%
Manage stress & anxiety	0%	0%	22%	67%	11%	0%
Cope with adversity	0%	0%	0%	67%	33%	0%
Mental health and wellbeing	0%	0%	0%	78%	22%	0%
Feelings of Hopelessness	0%	0%	0%	67%	22%	11%
Taking responsibility for actions	0%	0%	0%	44%	56%	0%
Willingness to seek support	0%	0%	11%	33%	56%	0%
Addictive behaviours	0%	0%	44%	44%	11%	0%
Outlook on their future	0%	0%	0%	33%	44%	22%
Overall Program Rating Average						
Satisfaction with the program (out of 10)	10		SAMPLE SIZE: 9			
Net Promoter Score	100					

* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%