



WHAT WE DO WORKS

# IMPACT SURVEY RESULTS

JULY - DECEMBER 2020

# WHAT WE DO WORKS



We know that increasing young men's resilience improves their overall wellbeing and their ability to grow and get through the tougher times in life. We also know that it improves relationships - with their family, with their partner, and with their classmates or work colleagues.

We know that the work we do in helping young guys then has a ripple effect on the community; it contributes to reducing crime, family violence, anti-social behaviour, isolation - even suicide. It has never been more important to increase the resilience of our young people than it has been in these turbulent years. This report shows that that's what we're delivering on, time and time again.

Every six months we survey teachers, principals, parents, and young guys (over 18) on the impact our programs have had on everyone involved, whether directly or indirectly.

We assess impacts on a five-point scale from very negative to very positive across sixteen personal and social impact areas, as well as asking them about their general satisfaction with the program and whether they would recommend it to others.

Where respondents have included qualitative feedback or general comments, we have included that as well. This report includes highlights of the responses, as well as the summarised data tables further down. We will continue to publish this report on a six-monthly basis.

**MARTIN FISK**  
CEO  
Menslink

# PREFACE



From the moment I visited Menslink to help evaluate their program impacts, two things were obvious:

- Menslink cared about meeting the needs of young men
- Menslink was a learning organisation - they wanted to find out about their program impacts so they could keep improving.

We set about revitalising Menslink's impact surveys to better align with their values, goals, and reporting needs. Menslink like to keep their fingers on the pulse. The Menslink team openly engaged with examining the pros and cons of their existing surveys. We then co-developed new, improved short-term and follow-up client impact surveys.

The second 6-monthly impact survey results are now available in this report. They give insight and testament to the highly valued Menslink services which have been more vital than ever during the heightened stress of the COVID-19 pandemic. The statistics clearly reveal substantial benefits for young guys during challenging periods of their lives. The quotes give insight into the real and varied nature of the individual impacts.

## DR. JAMES NEILL

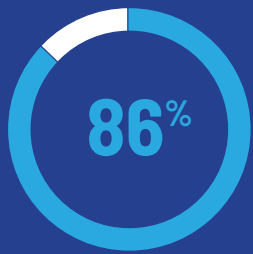
### Assistant Professor

Centre for Applied Psychology  
Faculty of Health  
University of Canberra

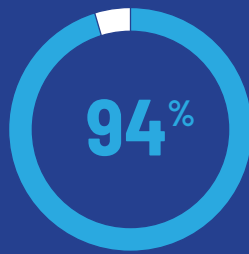


# COUNSELLING

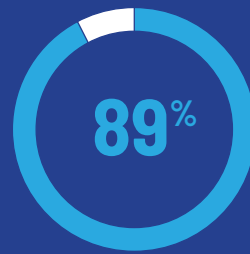
## FEEDBACK FROM PARENTS, SCHOOLS AND YOUNG MEN



86% of respondents reported a positive or very positive impact on their relationship with their family.



94% of respondents reported a positive or very positive impact on young men's ability to manage their stress and anxiety.



89% reported positive or very positive impacts on their confidence and self-esteem with just 4% unsure.

9/10



In the overall program rating average, satisfaction with the program scored 9.0 out of ten.

“

They often went out of their way to check in and ensure I understood what we had discussed as well ensuring I was not overwhelmed. I have recommended this service to all of my friends because it's so accessible and has been amazing for me personally in improving my mental health.

YOUNG GUY

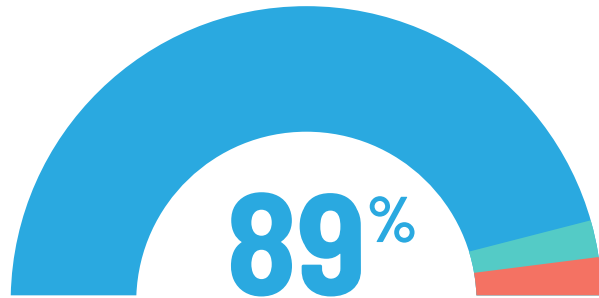
”

# COUNSELLING QUALITATIVE FEEDBACK

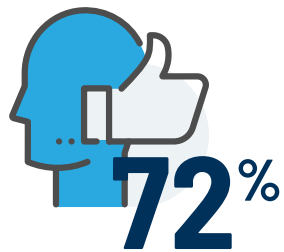
Person	Comment
<b>Young Guy</b>	Come here first. If you aren't sure whether you even need help or not, this is the place to be. There is a clear focus on betterment and the staff clearly want you to succeed
<b>Parent/Guardian</b>	Menslink has been a saviour for us. Our son was in a very dark place and I'd rang many places and was unable to get an appointment for a few months, which was very concerning for our family. Headspace recommended Menslink. I had previously thought it was only for adults. Menslink offered my son an appointment in two days and he's in a much better place now!
<b>Parent/Guardian</b>	The effects have all been positive and we can see that given time this would only improve. Rapport has been established and the fact the counselling has more a 'chat' feel works better than a formal psychologist.
<b>Young Guy</b>	My counsellor was always willing to help and go the extra mile. They often went out of their way to check in and ensure I understood what we had discussed as well ensuring I was not overwhelmed. I have recommended this service to all of my friends because it's so accessible and has been amazing for me personally in improving my mental health.
<b>Single Mum</b>	My experience linking my 13yo son with a Menslink counsellor has been such a positive experience for us. While he has only been seeing a counsellor a short time my son is already able to express himself more calmly, open up with his feelings and participate more positively in family and school life. There is a way to go but he is on the right track with thanks to [his counsellor] from Menslink.
<b>Parent /Guardian</b>	Fantastic service for my son. [The counsellor] has been great!! There is a real difference with my son after appointments and he really takes on discussions and suggestions. This has been a great service to be linked in to. Admin staff has also been fabulous and very helpful.
<b>Mum</b>	Such a wonderful organisation run by such wonderful people, and so very needed right now. My young guy gains a lot of important insight from his sessions with his counsellor. Thank you Menslink!
<b>Single Mum</b>	I cannot thank Menslink enough for their support for my young men through a difficult separation and issues of self esteem and anxiety. Quality counselling for men, and by men has been so valuable. Such a wonderful initiative. I would love to see Menslink go nationally.

# MENTORING

## FEEDBACK FROM PARENTS



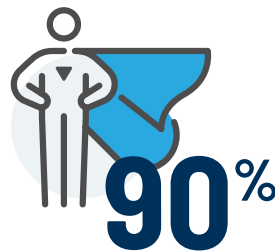
89% of respondents reported positive or very positive impacts on their sons' confidence and self-esteem with only 5% saying it had no impact and 6% unsure.



72% reported positive or very positive impacts on their sons' mental health and wellbeing after just 6 months of mentoring.



70% of respondents reported positive or very positive impacts on their sons' relationships with peers and family after 12 months of mentoring.



After 12 months of mentoring, 90% reported positive or very positive impacts on their sons' confidence and self-esteem, and 70% said it had a positive impact on their outlook on their future.

“

It gives a parent massive peace of mind knowing that your son has a positive male role model and someone who has their head screwed on to give feedback and advice to them. Amazing Program - highly recommended!

MUM

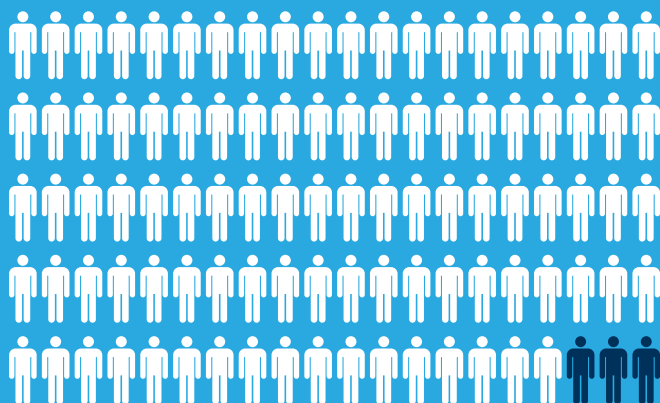
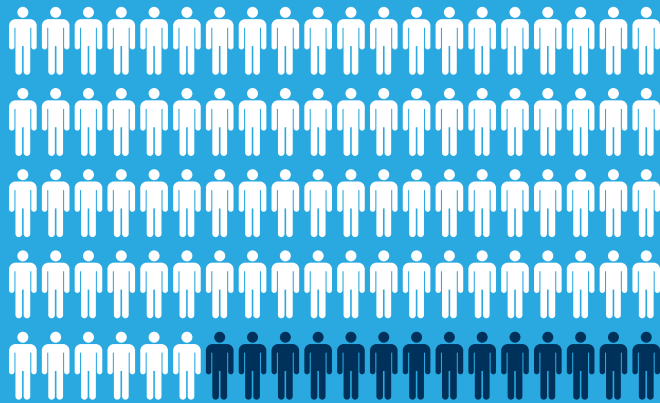
”

# MENTORING IMPACT SURVEY QUALITATIVE FEEDBACK

Person	Comment
Single Mum	"I cant recommend what these guys do for our young boys enough! Menslink were there for my son right when he needed them the most. He was grieving the loss of his father, looking for approval from the wrong influences and was really angy with everything and everyone. Menslinks intervention (Mentor and Counsellor) helped guide him down a better path and take responsibility for his actions. I will be eternally grateful to them for what they have done for my son as I was at a real risk of losing him. Thank you!"
Mum	"Menslink provides a community to young boys to help them transition to being confident, happy humans. It allows the teenagers to see their potential and inspire future generations, to have the confidence to create a path that is fulfilling and rewarding. To know that someone has their back".
Mum	The best thing? " Having a trusted male adult in his life as a source of advice, support, company. A trusted relationship with someone other than Mum (Me)".
Young guy	Menslink provides a stable and inclusive program for young men who are struggling. Together with my fabulous and very fun mentor they have given me the courage and support to get through some tough years. As it comes to an end I know I am going to really miss the program.
Single Mum	"In todays world for our young kids with all the pressures at school and around friendships and social circles, it's hard for the kids to have down time and get away from any of the difficulties that schooling and friendship circles may cause. The bullies in our young ones circles are able to persist in hassling them online and in private. As parents we may not even be aware of some of the struggles our kids are trying to handle and I can only say thanks to the service of Menslink for opening the channels of communication and allowing kids to speak up if they are experiencing difficulties.
Mum	It gives a parent massive peace of mind knowing that your son has a positive male role model and someone who has their head screwed on to give feedback and advice to them. Amazing Program - highly recommended!
Mum	"The way the program is run is amazing, the stuff you guys organise for the young guys is interesting and fun and engaging!"
Mum	My son and I moved from interstate recently. He didn't have a good start at his school. The only thing that motivated him to stick with my decision to live here - is Menslink. My son's reply to the question: "What you got out of Menslink" it is happiness and a sense of community. This means a lot to me as a mother to see my son happy. Thank you all for your good work and keep it going.

# SCHOOLS

SILENCE  
IS DEADLY



“

Our school had a really positive experience with Menslink. The experience provided our students with an opportunity to learn simple steps for identifying and managing mental health needs that were age appropriate for our boys. We hope to work with Menslink in the future.

PRIMARY SCHOOL PRINCIPAL

”

*\*In School Sessions in 2020 restricted due to COVID safe restrictions on school visits*



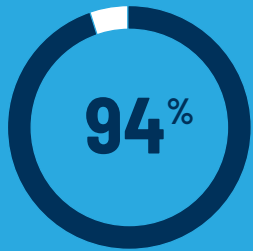
# SILENCE IS DEADLY IMPACT SURVEY QUALITATIVE FEEDBACK

School	Comment
Primary School	Menslink are providing an essential service for the young men in our community. Being part of the seminar has inspired me to have these discussion with the boys in our school from now on. The discussion that Menslink open up to our boys couldn't be more important. They are growing up in challenging times. Thank you Menslink!
High School	I thought that this would be another presentation about Mental Health - but when I listened to 'the presenters' story, I realised that this wasn't about facts and figures, but a person and their story to find a voice. Students have many numbers and pat answers thrown at them at school - what they need is a story and the encouragement to speak out.
Primary School	The choice of presenter was fantastic. The way he related his real life experiences to the boys and shared his message around not being afraid to seek support or say you're not OK was very powerful. An outstanding male role model - with so many primary school teachers being (statistically) female, it is a difficult space to bridge (as hard as we try!)
Primary School	The presentation was wonderful. The students were engaged and loved hearing from the presenter who shared his own personal experiences with the group. I believe that the strategies mentioned will assist the students when managing situations that arise.
Primary School	The work 'the presenter' did with our boys was incredible. The simple advice along with sharing his own story so honestly had the room in awe. You could have heard a pin drop for 60 minutes. The boys appreciated the practical advice and many parents shared how their sons had talked about it at home. Highly recommend to any school in Canberra!
Primary School	This was a fantastic session and we would like to thank you so much for coming out to ur school. The key messages were simple to understand yet had a great impact. We noticed many students were reflective throughout this session and were developing some really positive thoughts around it being ok to speak out when they need help.
High School	I highly recommend Menslink Silence is Deadly. It was a great way to discuss topics that might be too difficult to talk about openly in a whole class setting and was beneficial for the kids to see Men talk about feelings.
Primary School	Our school had a really positive experience with Menslink. The experience provided our students with an opportunity to learn simple steps for identifying and managing mental health needs that were age appropriate for our boys. We hope to work with Menslink in the future.
High School	I loved the Silence is Deadly session. My Yr 9 boys were completely engaged and visibly impacted by the presenter's experience dealing with hardship. I believe male students should do this session and highly recommend it for male teachers as well.
High School	It was a great presentation. It showed vulnerability from a 'tough looking guy' though did this with thought and reason. Not just trying to prove the boys emotions and then leave them with no strategies or skills. 5 Strategies is about the max for our boys generally to remember, this was the right amount.
Primary School	The presenter from Menslink was an incredibly effective presenter to my primary school aged boys. Talking to my students just before they head into highschool taught them about speaking up and being kind, not just to eac other but themselves.
Primary School	The Menslink 'Silence is Deadly' program was an effective program for ourYr 6 boys to learn the importance of mental health and the ramifications of holding in our thoughts and feelings. The presenter quickly built a relationship with the students, allowing them to discuss questions and strategies to support their mental well being as they move into high school.

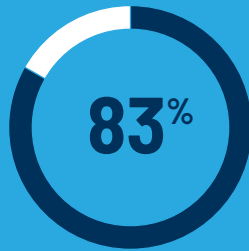
# SCHOOLS



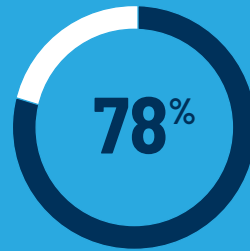
**PRIDE**



94% of respondents reported positive or very positive impacts on their students' relationships with peers and staff and their ability to control and manage their anger.



83% of respondents reported positive or very positive impacts on reducing anti-social behaviour



78% of respondents reported positive or very positive impacts on their male students attitudes towards women.

**10/10**



The overall average rating for satisfaction with the program scored 10 out of 10.



We constantly enjoy seeing the progress some of our students make with regard to their level of confidence and feeling more in control of their circumstances. A much greater level of calm is felt after our PRIDE sessions.

**HIGH SCHOOL TEACHER**



# PRIDE IMPACT SURVEY QUALITATIVE FEEDBACK

School	Comment
High School	"Probably the best and most needed program to be run in schools!"
High School	"Highly recommend this program for any school!"
High School	"The Menslink program has been an integral part of our schools social, emotional learning program for a number of years now. We find that as the boys have moved up through the program, they have a great rapport with the Menslink facilitator and have a shared common understanding of their role and responsibility in making our school a respectful and safe learning environment.
College	[Our school's] "well being and pastoral care program relies on the professional programs and delivery of the programs from Menslink. Our students benefit, evolve and grow in mental strength and capacity and in confidence as a result of our ongoing connection with Menslink".
High School	This program continues to deliver relevant and engaging topics for our young men. The way the content is delivered is interesting and 'the presenter', who we have a positive and ongoing relationship with, can read our audience well, adapting and modifying to ensure all students feel comfortable participating in sensitive topics..."
Primary School	"We saw an improvement in respect and comradery from our PRIDE participants after the program. Well worth implementing at your school".
Primary School	Having an outside expert giving a straightforward and personal recount of effects of disrespectful behaviours was the biggest personal an/or Social impact on the students.
High School	"We constantly enjoy seeing the progress some of our students make with regard to their level of confidence and feeling more in control of their circumstances. A much greater level of calm is felt after our PRIDE sessions".

# DATA TABLES

# COUNSELLING IMPACT SURVEY (PARENTS AND YOUNG MEN AGED 10-25)

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Relationships with Peers	0%	0%	21%	57%	18%	4%
Relationships with Family	4%	0%	11%	68%	18%	0%
Relationships with Partner	0%	4%	4%	7%	4%	82%
Relationships with School Staff	4%	0%	11%	46%	21%	18%
Anti-social behaviours	4%	0%	11%	29%	0%	57%
Willingness to support others	4%	0%	11%	50%	25%	11%

<b>Personal Impacts</b>						
Confidence & Self-esteem	4%	4%	0%	43%	46%	4%
Manage and control anger & aggression	4%	0%	7%	50%	18%	21%
Manage stress & anxiety	4%	4%	0%	61%	32%	0%
Cope with adversity	4%	0%	4%	61%	14%	18%
Mental health and wellbeing	4%	4%	0%	46%	46%	0%
Feelings of hopelessness (if any)	4%	4%	0%	39%	32%	21%
Taking responsibility for actions	4%	0%	18%	57%	18%	4%
Willingness to seek support	4%	0%	4%	54%	36%	4%
Addictive behaviours	4%	0%	18%	21%	14%	43%
Outlook on their future	4%	0%	14%	50%	29%	4%

Overall Program Rating Average	
Satisfaction with the program (out of 10)	<b>9.0</b>
Net Promoter Score	<b>79</b>

**SAMPLE SIZE: 28**

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

# COUNSELLING PARENTS SURVEY (10-12 YEAR OLD)

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Relationships with Peers	0%	0%	20%	50%	30%	0%
Relationships with Family	0%	0%	10%	70%	20%	0%
Relationships with Partner	0%	0%	0%	0%	0%	100%
Relationships with School Staff	0%	0%	10%	30%	30%	30%
Anti-social behaviours	0%	0%	0%	20%	0%	80%
Willingness to support others	0%	0%	20%	30%	30%	20%

<b>Personal Impacts</b>						
Confidence & Self-esteem	0%	10%	0%	30%	60%	0%
Manage and control anger & aggression	0%	0%	10%	40%	20%	30%
Manage stress & anxiety	0%	10%	0%	60%	30%	0%
Cope with adversity	0%	0%	0%	60%	20%	20%
Mental health and wellbeing	0%	10%	0%	40%	50%	0%
Feelings of hopelessness (if any)	0%	10%	0%	50%	20%	20%
Taking responsibility for actions	0%	0%	10%	60%	20%	10%
Willingness to seek support	0%	0%	10%	40%	50%	0%
Addictive behaviours	0%	0%	20%	20%	10%	50%
Outlook on their future	0%	0%	20%	30%	40%	10%

<b>Overall Program Rating Average</b>	
Satisfaction with the program (out of 10)	<b>9.0</b>
Net Promoter Score	<b>79</b>

SAMPLE SIZE: 10

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

# COUNSELLING PARENTS SURVEY (13-17 YEAR OLD)

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Relationships with Peers	0%	0%	8%	83%	0%	8%
Relationships with Family	8%	0%	0%	75%	17%	0%
Relationships with Partner	0%	0%	0%	0%	0%	100%
Relationships with School Staff/workplace	8%	0%	0%	67%	8%	17%
Anti-social behaviours	8%	0%	0%	42%	0%	50%
Willingness to support others	8%	0%	8%	75%	0%	8%

<b>Personal Impacts</b>						
Confidence & Self-esteem	8%	0%	0%	67%	25%	0%
Manage and control anger & aggression	8%	0%	0%	67%	8%	17%
Manage stress & anxiety	8%	0%	0%	67%	25%	0%
Cope with adversity	8%	0%	0%	75%	0%	17%
Mental health and wellbeing	8%	0%	0%	67%	25%	0%
Feelings of Hopelessness (if any)	8%	0%	0%	42%	17%	33%
Taking responsibility for actions	8%	0%	8%	75%	8%	0%
Willingness to seek support	8%	0%	0%	75%	8%	8%
Addictive behaviours	8%	0%	17%	25%	8%	42%
Outlook on their future	8%	0%	8%	75%	8%	0%

<b>Overall Program Rating Average</b>	
Satisfaction with the program (out of 10)	<b>8.0</b>
Net Promoter Score	<b>58</b>

**SAMPLE SIZE: 12**

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

# COUNSELLING CLIENTS SURVEY (18 - 25 YEAR OLD)

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Relationships with Peers	0%	0%	50%	17%	33%	0%
Relationships with Family	0%	0%	33%	50%	17%	0%
Relationships with Partner	0%	17%	17%	33%	17%	17%
Relationships with School Staff	0%	0%	33%	33%	33%	0%
Anti-social behaviours	0%	0%	50%	17%	0%	33%
Willingness to support others	0%	0%	0%	33%	67%	0%

<b>Personal Impacts</b>						
Confidence & Self-esteem	0%	0%	0%	17%	67%	17%
Manage and control anger & aggression	0%	0%	17%	33%	33%	17%
Manage stress & anxiety	0%	0%	0%	50%	50%	0%
Cope with adversity	0%	0%	17%	33%	33%	17%
Mental health and wellbeing	0%	0%	0%	17%	83%	0%
Feelings of Hopelessness (if any)	0%	0%	0%	17%	83%	0%
Taking responsibility for actions	0%	0%	50%	17%	33%	0%
Willingness to seek support	0%	0%	0%	33%	67%	0%
Addictive behaviours	0%	0%	17%	17%	33%	33%
Outlook on their future	0%	0%	17%	33%	50%	0%

<b>Overall Program Rating Average</b>	
Satisfaction with the program (out of 10)	<b>10.0</b>
Net Promoter Score	<b>100</b>

**SAMPLE SIZE: 6**

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%



# COUNSELLING IMPACT SURVEY (SCHOOLS ONLY ALL AGES TO 18)

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Enagagement in class	0%	0%	0%	78%	17%	6%
Relationships with peers	0%	0%	0%	67%	22%	11%
Relationships with staff	0%	0%	0%	72%	22%	6%
Anti-social behaviours	0%	0%	0%	78%	11%	11%
Willingness to support others	0%	0%	0%	50%	17%	33%

<b>Personal Impacts</b>						
Confidence & Self-esteem	0%	0%	0%	56%	39%	6%
Manage and control anger & aggression	0%	0%	0%	72%	22%	6%
Manage stress & anxiety	0%	0%	0%	56%	39%	6%
Cope with adversity	0%	0%	0%	50%	39%	11%
Mental health and wellbeing	0%	0%	0%	39%	56%	6%
Feelings of hopelessness (if any)	0%	0%	0%	61%	22%	17%
Taking responsibility for actions	0%	0%	6%	61%	28%	6%
Willingness to seek support	0%	0%	6%	56%	33%	6%
Addictive Behaviours	0%	0%	6%	39%	17%	39%
Outlook on their future	0%	0%	0%	67%	22%	11%

Overall Program Rating Average	
Satisfaction with the program (out of 10)	<b>9.0</b>
Net Promoter Score	<b>69</b>

**SAMPLE SIZE: 18**

*Schools reporting on the impacts and outcomes across all students supported during the six months.*

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

# COUNSELLING IMPACT SURVEY PRIMARY (10-12 YEAR OLD)

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Enagagement in class	0%	0%	0%	100%	0%	0%
Relationships with peers	0%	0%	0%	100%	0%	0%
Relationships with staff	0%	0%	0%	100%	0%	0%
Anti-social behaviours	0%	0%	0%	100%	0%	0%
Willingness to support others	0%	0%	0%	100%	0%	0%

<b>Personal Impacts</b>						
Confidence & Self-esteem	0%	0%	0%	50%	50%	0%
Manage and control anger & aggression	0%	0%	0%	50%	50%	0%
Manage stress & anxiety	0%	0%	0%	50%	50%	0%
Cope with adversity	0%	0%	0%	50%	50%	0%
Mental health and wellbeing	0%	0%	0%	0%	100%	0%
Feelings of hopelessness (if any)	0%	0%	0%	50%	50%	0%
Taking responsibility for actions	0%	0%	0%	50%	50%	0%
Willingness to seek support	0%	0%	0%	100%	0%	0%
Addictive Behaviours	0%	0%	0%	50%	0%	50%
Outlook on their future	0%	0%	0%	100%	0%	0%

<b>Overall Program Rating Average</b>	
Satisfaction with the program (out of 10)	<b>8.0</b>
Net Promoter Score	<b>50</b>

**SAMPLE SIZE: 2**

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

# COUNSELLING IMPACT SURVEY HIGH SCHOOL (13-17 YEAR OLD)

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Enagagement in class	0%	0%	0%	75%	19%	6%
Relationships with peers	0%	0%	0%	63%	25%	13%
Relationships with staff	0%	0%	0%	69%	25%	6%
Anti-social behaviours	0%	0%	0%	75%	13%	13%
Willingness to support others	0%	0%	0%	44%	19%	38%

<b>Personal Impacts</b>						
Confidence & Self-esteem	0%	0%	0%	56%	38%	6%
Manage and control anger & aggression	0%	0%	0%	75%	19%	6%
Manage stress & anxiety	0%	0%	0%	56%	38%	6%
Cope with adversity	0%	0%	0%	50%	38%	13%
Mental health and wellbeing	0%	0%	0%	44%	50%	6%
Feelings of hopelessness (if any)	0%	0%	0%	63%	19%	19%
Taking responsibility for actions	0%	0%	6%	63%	25%	6%
Willingness to seek support	0%	0%	6%	50%	38%	6%
Addictive Behaviours	0%	0%	6%	38%	19%	38%
Outlook on their future	0%	0%	0%	63%	25%	13%

<b>Overall Program Rating Average</b>	
Satisfaction with the program (out of 10)	<b>9.0</b>
Net Promoter Score	<b>87.5</b>

**SAMPLE SIZE: 16**

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

# MENTORING IMPACT SURVEY (ALL PHASES - FEEDBACK FROM MUMS)

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Engagement in class	0%	0%	46%	43%	3%	8%
Relationships with Peers	0%	0%	19%	65%	8%	8%
Relationships with Family	0%	0%	19%	65%	14%	3%
Relationships with School/workplace Staff	0%	3%	41%	35%	11%	11%
Anti-social behaviours	0%	0%	30%	43%	3%	24%
Willingness to support others	0%	0%	16%	59%	16%	8%

<b>Personal Impacts</b>						
Confidence & Self-esteem	0%	0%	5%	54%	35%	5%
Manage and control anger & aggression	0%	0%	27%	51%	8%	14%
Manage stress & anxiety	0%	0%	27%	54%	11%	8%
Cope with adversity	0%	0%	19%	62%	3%	16%
Mental health and wellbeing	0%	0%	8%	59%	22%	11%
Feelings of Hopelessness (if any)	0%	0%	19%	35%	5%	41%
Taking responsibility for actions	0%	0%	30%	59%	8%	3%
Willingness to seek support	0%	0%	24%	49%	16%	11%
Addictive behaviours	0%	0%	35%	22%	3%	41%
Outlook on their future	0%	0%	11%	49%	24%	16%

<b>Overall Program Rating Average</b>	
Satisfaction with the program (out of 10)	<b>9.0</b>
Net Promoter Score	<b>90</b>

**SAMPLE SIZE: 37**

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

# MENTORING IMPACT SURVEY (6 MONTHS - FEEDBACK FROM MUMS)

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Engagement in class	0%	0%	45%	45%	9%	0%
Relationships with Peers	0%	0%	18%	64%	0%	18%
Relationships with Family	0%	0%	36%	64%	0%	0%
Relationships with School/workplace Staff	0%	9%	27%	36%	0%	27%
Anti-social behaviours	0%	0%	36%	27%	0%	36%
Willingness to support others	0%	0%	18%	55%	9%	18%

<b>Personal Impacts</b>						
Confidence & Self-esteem	0%	0%	9%	55%	27%	9%
Manage and control anger & aggression	0%	0%	36%	45%	0%	18%
Manage stress & anxiety	0%	0%	36%	36%	9%	18%
Cope with adversity	0%	0%	18%	55%	0%	27%
Mental health and wellbeing	0%	0%	9%	36%	36%	18%
Feelings of hopelessness (if any)	0%	0%	27%	0%	9%	64%
Taking responsibility for actions	0%	0%	45%	45%	9%	0%
Willingness to seek support	0%	0%	27%	64%	0%	9%
Addictive behaviours	0%	0%	55%	0%	0%	45%
Outlook on their future	0%	0%	9%	45%	18%	27%

<b>Overall Program Rating Average</b>	
Satisfaction with the program (out of 10)	<b>9.0</b>
Net Promoter Score	<b>80</b>

**SAMPLE SIZE: 11**

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

# MENTORING IMPACT SURVEY (12 MONTHS - FEEDBACK FROM MUMS)

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Engagement in Class	0%	0%	40%	40%	0%	20%
Relationships with Peers	0%	0%	20%	70%	0%	10%
Relationships with Family	0%	0%	20%	60%	10%	10%
Relationships with School Staff/workplace	0%	0%	40%	40%	10%	10%
Anti-social behaviours	0%	0%	20%	40%	0%	40%
Willingness to support others	0%	0%	10%	70%	10%	10%

<b>Personal Impacts</b>						
Confidence & Self-esteem	0%	0%	0%	50%	40%	10%
Manage and control anger & aggression	0%	0%	40%	50%	0%	10%
Manage stress & anxiety	0%	0%	30%	60%	0%	10%
Cope with adversity	0%	0%	30%	40%	0%	30%
Mental health and wellbeing	0%	0%	10%	80%	0%	10%
Feelings of Hopelessness (if any)	0%	0%	20%	60%	0%	20%
Taking responsibility for actions	0%	0%	30%	50%	10%	10%
Willingness to seek support	0%	0%	30%	40%	20%	10%
Addictive behaviours	0%	0%	40%	20%	0%	40%
Outlook on their future	0%	0%	10%	60%	10%	20%

<b>Overall Program Rating Average</b>	
Satisfaction with the program (out of 10)	<b>9.0</b>
Net Promoter Score	<b>88.9</b>

**SAMPLE SIZE: 10**

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

# MENTORING IMPACT SURVEY (18 MONTHS - FEEDBACK FROM MUMS)

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Engagement in Class	0%	0%	55%	45%	0%	0%
Relationships with Peers	0%	0%	27%	55%	18%	0%
Relationships with Family	0%	0%	9%	73%	18%	0%
Relationships with School Staff	0%	0%	55%	27%	18%	0%
Anti-social behaviours	0%	0%	45%	55%	0%	0%
Willingness to support others	0%	0%	27%	64%	9%	0%

<b>Personal Impacts</b>						
Confidence & Self-esteem	0%	0%	9%	64%	27%	0%
Manage and control anger & aggression	0%	0%	18%	55%	9%	18%
Manage stress & anxiety	0%	0%	27%	64%	9%	0%
Cope with adversity	0%	0%	18%	82%	0%	0%
Mental health and wellbeing	0%	0%	9%	73%	18%	0%
Feelings of Hopelessness (if any)	0%	0%	9%	55%	9%	27%
Taking responsibility for actions	0%	0%	27%	64%	9%	0%
Willingness to seek support	0%	0%	18%	45%	18%	18%
Addictive behaviours	0%	0%	18%	27%	9%	45%
Outlook on their future	0%	0%	18%	36%	36%	9%

Overall Program Rating Average	
Satisfaction with the program (out of 10)	<b>9.0</b>
Net Promoter Score	<b>91</b>

**SAMPLE SIZE: 11**

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

# MENTORING IMPACT SURVEY (24 MONTHS - FEEDBACK FROM MUMS)

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Engagement in Class	0%	0%	40%	40%	0%	20%
Relationships with Peers	0%	0%	0%	80%	20%	0%
Relationships with Family	0%	0%	0%	60%	40%	0%
Relationships with School Staff	0%	0%	40%	40%	20%	0%
Anti-social behaviours	0%	0%	0%	60%	20%	20%
Willingness to support others	0%	0%	0%	40%	60%	0%

<b>Personal Impacts</b>						
Confidence & Self-esteem	0%	0%	0%	40%	60%	0%
Manage and control anger & aggression	0%	0%	0%	60%	40%	0%
Manage stress & anxiety	0%	0%	0%	60%	40%	0%
Cope with adversity	0%	0%	0%	80%	20%	0%
Mental health and wellbeing	0%	0%	0%	40%	40%	20%
Feelings of hopelessness (if any)	0%	0%	20%	20%	0%	60%
Taking responsibility for actions	0%	0%	0%	100%	0%	0%
Willingness to seek support	0%	0%	20%	40%	40%	0%
Addictive Behaviours	0%	0%	20%	60%	0%	20%
Outlook on their future	0%	0%	0%	60%	40%	0%

<b>Overall Program Rating Average</b>	
Satisfaction with the program (out of 10)	<b>9.0</b>
Net Promoter Score	<b>91</b>

SAMPLE SIZE: 11

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%



# SILENCE IS DEADLY IMPACT SURVEY

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Manage and control anger & aggression	0%	0%	6%	67%	22%	6%
Manage stress & anxiety	0%	0%	6%	58%	28%	8%
Cope with adversity	0%	0%	6%	69%	22%	3%
Mental health and wellbeing	0%	0%	3%	64%	31%	3%
Willingness to seek support	0%	0%	0%	44%	53%	3%
Willingness to support others	0%	0%	0%	67%	31%	3%

Overall Program Rating Average	
Satisfaction with the program (out of 10)	<b>9.0</b>
Net Promoter Score	<b>86</b>

**SAMPLE SIZE: 36**

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%

July - December 2020	Very Negative Impact	Negative Impact	No Impact	Positive Impact	Very Positive Impact	Unsure or n/a
<b>Social Impacts</b>						
Enagagement in class	0%	0%	0%	61%	39%	0%
Relationships with peers	0%	0%	0%	61%	39%	0%
Relationships with staff	0%	0%	6%	44%	50%	0%
Anti-social behaviours	0%	0%	11%	50%	33%	6%
Attitude toward women	0%	0%	11%	28%	50%	11%
Willingness to support others	0%	0%	6%	39%	56%	0%

<b>Personal Impacts</b>						
Confidence & Self-esteem	0%	0%	0%	33%	67%	0%
Manage and control anger & aggression	0%	0%	0%	61%	39%	0%
Manage stress & anxiety	0%	0%	0%	67%	33%	0%
Cope with adversity	0%	0%	11%	56%	33%	0%
Mental health and wellbeing	0%	0%	6%	44%	50%	0%
Feelings of hopelessness	0%	0%	0%	39%	11%	50%
Taking responsibility for actions	0%	0%	0%	39%	61%	0%
Willingness to seek support	0%	0%	6%	33%	50%	11%
Addictive behaviours	0%	0%	22%	28%	22%	28%
Outlook on their future	0%	0%	6%	39%	44%	11%

Overall Program Rating Average	
Satisfaction with the program (out of 10)	<b>10.0</b>
Net Promoter Score	<b>94</b>

**SAMPLE SIZE: 18**

\* Due to whole-number rounding, percentages against an individual impact may not add up to exactly 100%